

Anna R. Herrman

St. Norbert College
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Education

PhD Candidate, University of Wisconsin-Milwaukee, Department of Communication

Projected Graduation: May, 2013

Current Status: Dissertator

Dissertation Title: Encouraging a healthy body-image: Are parents sending effective messages to children?

Masters of the Arts, University of Wisconsin-Milwaukee, Department of Communication, 2009

Thesis Title: Body Image: An Influential Factor of Communication Apprehension

Bachelor of the Arts, St. Norbert College, Department of Communication, 2003

Teaching Positions & Prepared Courses

St. Norbert College

Interpersonal Communication
Nonverbal Communication

University of WI-Milwaukee

Business and Professional Communication
Cross-Cultural Communication
Intercultural Communication
Introduction to Conflict Resolution and Peace Studies
Introduction to Interpersonal Communication
Online Nonverbal Communication

Awards and Recognitions

Amelia Lucas Trust Fund Award (\$200.00)

Awarded Communication Graduate Student Research Award (\$500.00)

Travel Grant to attend the 98th National Communication Association Conference (\$450.00)

Awarded Think Swiss Travel Grant (\$1,200)

ICA Teaching Award, University of Wisconsin-Milwaukee, 2009

Department Outstanding GPA Award, University of Wisconsin-Milwaukee, 2009

Invited Lecture

Herrman, A. R. (Fall, 2012). Promotive versus Preventive Dietary Practice and Self-Construal: Communicating Healthful Food Choices. Presented as part of Milwaukee Health Team Project Colloquium at the University of Wisconsin-Milwaukee.

Herrman, A. R. (Fall, 2012). Difficulties in forming intercultural relationships. Invited class presentation (Human Communication). Upper Iowa University, Dr. Melissa Maier

Herrman, A. R. (Spring, 2012). Accepting your body image in an idealistic society: Is it possible? Invited class presentation (Nonverbal Communication). St. Norbert College, Dr. Kevin Hutchinson

Publications

Allen, M., Dilbeck, K., England, N., Herrman, A., Kartch, F., Kim, J., Kulovitz, K., Lau, A., Maier, M., May, A., McNallie, J., Omori, K., & Shoji, K. (in press). Test of a causal model for sexual harassment using data from a meta-analysis. In N. Burrell, M. Allen, R. Preiss, and B. Gayle (Eds.), *Managing interpersonal conflict: Advances through meta analysis*. Mahwah, NJ: Taylor and Francis.

Herrman, A. R., & Allen, M. (in press). Comparing hard and softline bargaining. In N. Burrell, M. Allen, R. Preiss, and B. Gayle (Eds.), *Managing interpersonal conflict: Advances through meta analysis*. Mahwah, NJ: Taylor and Francis.

Herrman, A. R., Omori, K., McNallie, J., & Allen, M. (in press). Evidence of analytic versus holistic thinking in viewing magazine images: Preliminary findings. *Qualitative Research Reports in Communication*.

Tenzek, K. E., Herrman, A. R., May, A., Feiner, B., & Allen, M. (in press). Examining the impact of parental disclosure of HIV on children: A meta-analysis. *Western Journal of Communication*.

Kim, S., Allen, M., Gattoni, A., Grimes, D., Haung, H., Herrman, A. R., Kim, J., Lu, S., Maier, M., May, A., Omachinski, K., Tenzek, K., Turkiewicz, K., & Zhang, Z. (2012). Testing an

additive model for the effectiveness of evidence for the persuasiveness of a message. *Social Influence*, 7, 65-77. doi: 10.1080/15534510.2012.658285

Turkiewicz, K.L., Kim, J., Tenzek, K.E., & Herrman, A. R. (2010). Behind the scenes: Life as an editorial assistant. *Communication Monographs*, 77, 454-461. doi: 10.1080/03637751.2010.523603

Scholarly Work under Review

Kim, S., Lim, T., Song, H., England, N., Cramer, E., Herrman, A., Hawkins, J., Kim, H., Ota, H., Kim, J., Kim, J., Tenzek, K., & Omori, K. (under review). Examining the impact of cultural holism on health beliefs: East-West cultural differences in food preference and health assessment. Manuscript under review at the *Journal of Cross-Cultural Psychology*.

Scholarly Work in Progress

Cramer, E., Kim, S., Herrman, A. R., England, N., Kim, H., & Kim, J. (2013, May). Role recognition in patient-physician interaction: The impact of holistic and analytic worldviews. Paper submitted to the International Communication Association Conference, London, England.

Herrman, A. R. (in progress). The dark side of compliments: A drive for thinness.

Herrman, A. R., & Kartch, F. (in progress). We don't love each other anymore: Contemplating and initiating the divorce disclosure with children.

Herrman, A. R., & McNally, J. (in progress). Are they as smart as they look? The impact on weight, dress, and sex on credibility.

Herrman, A. R. & Tenzek, K. E. (in progress). Gender differences in peer influence on body image and eating disorders: A meta-analysis.

Herrman, A. R., & Tenzek, K. E. (in progress). You starve yourself too?: How people with eating disorders manage uncertainty in online communities.

Kartch, F., & Herrman, A. R. (under review). Coming out to the family: An application of goals, plans, and action. Manuscript under review at the *Journal of Family Communication*.

Kim, S., Lim, T., Song, H., Herrman, A. R., Hawkins, J. M., Omori, K., Kim, H., Ota, J., Kim, J., Kim, J., England, N., Tenzek, K., & Cramer, E. (in progress). The impact of self construal in the health context: Examining weight perception and dietary practices in Eastern and Western cultures.

Papers Accepted to Conferences

Kim, S., Lim, T., Song, H., Herrman, A., Omori, K., Hawkins, J., Ota, H., Kim, H., Kim, J., England, N., Tenzek, K., Cramer, E., Grimes, D., & Dilbeck, K. (2013, April). Self construal and body image: Comparing weight estimation among American, Japanese, and Korean women. Paper accepted to the annual convention of Central States Communication Association, Kansas City, MO.

Kim, S., Lim, T., Song, H., Hawkins, J., Herrman, A., Kim, H., Ota, H., Kim, J., England, N., Tenzek, K., Cramer, E., Omori, K., Grimes, D., & Dilbeck, K. (2013, February). Promotive versus preventive dietary practice and self-construal: Communicating healthful food choice. Paper accepted to the annual convention of Western States Communication Association, Reno, Nevada.

*Top Paper: Health Communication Interest Group

Herrman, A. R., Kartch, F., Henningsen, M., McWorthy, E., & Valde, K. (2012, November). Goals-Plans-Action Research in Interpersonal Communication: Celebrating the Role of the GPA in COMMunication Scholarship. Panel competitively accepted to the 98th annual convention of National Communication Association, Orlando, FL.

Kartch, F., & Herrman, A. R. (2012, November). I don't know how to say this, but...: Coming out to the family. Paper presented at the 98th annual convention of National Communication Association, Orlando, FL.

Kim, S., Lim, T., Song, H., England, N., Herrman, A. R., Hawkins, J., Kim, H., Ota, H., Kim, J., Tenzek, K., Omori, K., Cramer, E., Grimes, D., & Dilbeck, K. (2012, November). What's healthy? Community perceptions of healthy food. Paper presented at the 98th annual convention of National Communication Association, Orlando, FL.

Kim, S., Lim, T., Song, H., Cramer, E., Tenzek, K., England, N., Herrman, A., Hawkins, J. M., Kim, H., Ota, H., Kim, J., Omori, K., Grimes, D., & Dilbeck, K. (2012, November). Integrating cultural worldviews into health self-assessment and behavior when a family member is ill. Paper presented at the 98th annual convention of National Communication Association, Orlando, FL.

Omori, K., Herrman, A. R., McNally, J., & Allen, M. (2012, April). Beauty ideals in magazines: Cultural differences between Japanese citizens and US citizens in the US. Paper competitively accepted to Central States Communication Conference, Cleveland, Ohio.

Allen, M., Dilbeck, K., England, N., Herrman, A., Kartch, F., Kim, J., Kulovitz, K., Lau, A., Maier, M., May, A., McNallie, J., Omori, K., & Shoji, K. (2011, November). Test of a causal model for sexual harassment using data from a meta-analysis. Paper competitively accepted to the National Communication Conference, New Orleans, LA.

- Herrman, A. R. (2011, November). Patriotism and ethnocentrism: When is the line crossed?. Activity submission accepted to GIFTS Division at the National Communication Conference; New Orleans, LA.
- Herrman, A. R., Omachinski, K., Kartch, F., & Burrell, N. (2011, November). The displacement of blame in conflict: The use of internal and external attributions in the Real Housewives of New York City. Paper accepted to the Scholar to Scholar Division at the National Communication Conference; New Orleans, LA.
- Herrman, A. R., Omori, K., McNallie, J., & Allen, M. (2011, November). Traditional or local standards of beauty? Japanese and American responses to fashion, beauty, and body image in magazines. Paper accepted to the Japanese-U.S. Communication Division at the National Communication Conference; New Orleans, LA.
- Herrman, A. R., & Tenzek, K. E. (2011, November). Gender differences in peer influence on body image dissatisfaction: A meta-analytic review. Paper accepted to Interpersonal Division at the National Communication Conference; New Orleans, LA.
- Maier, M., Herrman, A., Kartch, F., Omori, K., Tenzek, K., Stache, L., Grimes, D., Dilbeck, K., Ahn, S., Glocka, J., Maloney, J., Zoromski, D., & Burrell, N. (2011, November). Managing conflict while owning a small business: Saving face and figure in a health club. Paper presented at the National Communication Association convention, New Orleans.
- Herrman, A. R., & Tenzek, K. E. (2011, November). Pro-ana websites: A critical look at online communities. Paper part of Multiple Identities and Silenced Voices: An Examination of Marginalized Groups' Positive and Negative Communication Experiences Panel. Panel accepted at the National Communication Conference; New Orleans, LA.
- Herrman, A. R. (2011, October). Sam and Naomi Bennett: A popular culture analysis. Paper presented at the Midwest Popular Culture Association Conference, Milwaukee, WI.
- Herrman, A. R., Maier, M. A., & Cole, A. (2011). *Examining the relationship between conjugal and parental power and adult children's assertiveness and conflict management*. Paper competitively accepted to Central States Communication Conference, Milwaukee WI.
- Herrman, A. R. (2011). *Building a global village*. G.I.F.T.S. submission accepted to Central States Communication Conference, Milwaukee, WI.

Allen, M., Kim, S., Gattoni, A., Grimes, D., Haung, H., Herrman, A. R., Kim, J., Lu, S., Maier, M., May, A., Omachinski, K., Tenzek, K., Turkiewicz, K., & Zhang, Z. (2010). *Testing an Additive Model for the Effectiveness of Evidence for the Persuasiveness of a Message*. Paper competitively accepted to National Communication Association Conference, San Francisco, CA.

*Top Four Paper: Argumentation and Forensics Division

Kartch, F., Herrman, A. R., Maier, M., England, N., & Burrell, N. (2010) *Building Bridges: An Integrative Approach to Mediation*. Paper competitively accepted to National Communication Association Conference, San Francisco, CA.

Herrman, A. R. (2010). *Body image: An influential factor of communication Apprehension*. Paper competitively accepted to Central States Communication Association Conference, Cincinnati, Ohio.

*Top Three Paper: Communication Theory

Allen, M., Feiner, B., Herrman, A. R., Tenzek, K., & May, A. (2010). *Examining the impact of parental disclosure of HIV on children: A meta-analysis*. Paper competitively accepted to Central States Communication Association Conference, Cincinnati, Ohio.

Herrman, A. R., Kartch, F., Maier, M., England, N., & May, A. (2010). *The tension between theory and practice: Mediators' reflections about the field of conflict*. Panel competitively accepted to Central States Communication Association Conference, Cincinnati, Ohio.

Allen, M., Herrman, A. R., Hample, J., Hebl, M., Kulovitz, K., Liang, X., Pederson, J., & Zhao, X. (2009). *A method of evaluating the impact of a scholar*. Paper competitively accepted to the International Communication Association Conference, Chicago, Illinois.

Professional Association Memberships

Central States Communication Association
National Communication Association

Services

Professional:

Undergraduate Honor's Research Conference Reviewer, Central States, 2013
Book Review: Pearson MyLAB and Mastering Product, Pearson Press, 2012

Book Review: Understanding Intercultural Communication, Oxford University Press, 2012
National Communication Association Reviewer, G.I.F.T. Reviewer, 2012
International Society for the Scholarship of Teaching and Learning, Volunteer, 2011
Central States G.I.F.T Reviewer, 2011
International Communication Association Reviewer, 2010
Central States Reviewer, Media Effects Division, 2010
Volunteer, Central States Communication Conference, 2010
Assistant Editor of Communication Monographs, 2010
Volunteer, National Communication Association Conference, 2009

University:

Volunteer, Public Speaking Workshop, 2012
Alternative Textbook Writing Center, Fall 2011 Semester
Undergraduate Mentor, 2011
Volunteer, Public Speaking Workshop, 2010
Graduate Student Representative, Graduate Advisory Committee, 2010
Vice President, Graduate Advisory Committee, 2010
Member, Student Recruitment Committee, 2010
Member, Student Exit Interview Committee, 2010
Member, Faculty Search Committee, University of Wisconsin-Milwaukee, 2009
Volunteer Coordinator, Graduate Advisory Committee, 2009
Member, Graduate Advisory Committee, 2009
Member, Milwaukee Graduate Assistant Association (MGAA), 2007-2009

Community:

Food for Haiti, 2010
Green Bay Fish Fry Assistant for Lent Season, 2010
AIDS Walk Participant, 2009
AIDS Walk Volunteer, 2009
Milwaukee Marathon Volunteer, 2009
Assistant at the Mediation Peace Center, mentor to the children, 2008
Assistant of auction at Humane Society Ball, 2007
Assistant at Special Olympics held at St. Norbert College, mentor to the children, 2006
Green Bay Boys and Girls Club mentor, 2004-2005
Mentor at Eighth Grade Mentor Day at St. Norbert College, 2004