

CURRICULUM VITAE
FLORA TZELEPIS

Personal Information, Education & Employment History

Personal information

Name: Dr Flora Tzelepis

Postal Address: Level 4, Hunter Medical Research Institute
University of Newcastle
Callaghan NSW 2308, Australia

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Email: Flora.Tzelepis@newcastle.edu.au

Present position

Jan 2011 Leukaemia Foundation/Cure Cancer Australia Post-Doctoral Research Fellow, Health Behaviour Research Group, University of Newcastle

Tertiary education

2010 PhD, Health Behaviour Sciences, University of Newcastle, NSW, Australia
Thesis: Active telephone recruitment of smokers into a randomised controlled trial of quitline support

1998 Bachelor of Science (Psychology) Honours, University of Newcastle, NSW, Australia
Thesis: Children's use of analogical reasoning: the effects of training and development

Awards & prizes

2011 Priority Research Centre for Health Behaviour Certificate for Outstanding Academic Contribution for significant publication output during 2011 as an Early Career Researcher

2011 Research Higher Degree Excellence Award for the Faculty of Health for 2010

2011 Leukaemia Foundation of Australia/Cure Cancer Australia Foundation Post-doctoral Fellowship

2009 Priority Research Centre for Health Behaviour Certificate for Outstanding Academic Contribution for scientific publication output during 2008-2009 as a PhD student

2008 10 of the Best Research Showcase Finalist, Faculty of Health, University of Newcastle

1997 Dean's Commendation List, Faculty of Science and Mathematics, University of Newcastle

Previous appointments

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| 2010-2010 | Post-Doctoral Research Fellow, Health Behaviour Research Group, University of Newcastle |
| 2001-2010 | Senior Research Officer, Centre for Health Research & Psycho-oncology (CHeRP), Cancer Council NSW & University of Newcastle |
| 1999-2001 | Research Officer, Centre for Health Research & Psycho-oncology (CHeRP), Cancer Council NSW & University of Newcastle |

Publications

Publications

Publications in refereed journals

1. Tzelepis F, Paul CL, Walsh RA, Wiggers J, Duncan SL, Knight J. Predictors of abstinence among smokers recruited actively to quitline support. *Addiction*, 2013; 108(1):181-185.
2. Tzelepis F, Paul CL, Duncan SL, Walsh RA, Wiggers J, Knight J. Increasing the reach of quitlines through active telephone recruitment: do cold-called smokers differ from quitline callers? *Nicotine & Tobacco Research*, 2012;14(12):1488-1493.
3. Paul CL, Clinton-McHarg T, Lynagh M, Sanson-Fisher RW, Tzelepis F. On-line information and support for supporters and carers of haematological cancer patients: is access an issue? *Supportive Care in Cancer*, 2012; 20(11): 2687-95.
4. Walsh RA, Cholowski K, Tzelepis F, Stojanovski E. Smoking prevalence, attitudes and confidence about tobacco roles among Australian nursing students. *Journal of Addictions Nursing*, 2012; 23(3):181-190.
5. Carey M, Anderson A, Sanson-Fisher R, Lynagh M, Paul C, Tzelepis F. How well are we meeting haematological cancer survivors' preferences for involvement in treatment decision making? *Patient Education and Counseling*, 2012; 88(1):87-92.
6. Wolfenden L, Paul CL, Tzelepis F, Freund M, Wiggers J, Gillham K. Acceptability of proactive telephone recruitment to a telephone support service to encourage healthy eating, physical activity and weight loss. *Australian and New Zealand Journal of Public Health*, 2012; 36 (3): 295-6.
7. Carey M, Paul C, Cameron E, Lynagh M, Hall A, Tzelepis F. Financial and social impact of supporting a haematological cancer survivor. *European Journal of Cancer Care*, 2012; 21(2): 169-76.
8. Walsh RA, Paul CL, Paras L, Stacey F, Tzelepis F. Workplace-related smoking in New South Wales: extent of bans, public attitudes and relationships with relapse. *Health Promotion Journal of Australia*, 2011; 22(2):85-90.
9. Tzelepis F, Paul CL, Walsh RA, McElduff P, Knight J. Proactive telephone counseling for smoking cessation: meta-analyses by recruitment channel and methodological quality. *Journal of the National Cancer Institute*, 2011; 103(12): 922-941.

10. Tzelepis F, Paul CL, Wiggers J, Walsh RA, Knight J, Duncan SL, Lecathelinais C, Girgis A, Daly J. A randomised controlled trial of proactive telephone counselling on cold-called smokers' cessation rates *Tobacco Control*, 2011; 20(1):40-46.
11. Tzelepis F, Paul CL, Walsh RA, Wiggers J, Duncan SL, Knight J. Active telephone recruitment to quitline services: are non-volunteer smokers receptive to cessation support? *Nicotine & Tobacco Research* 2009; 11(10): 1205-1215.
12. Tzelepis F, Paul CL, Walsh RA, Wiggers J, Knight J, Lecathelinais C, Daly J, Neil A, Girgis A. Telephone recruitment into a randomized controlled trial of quitline support. *American Journal of Preventive Medicine* 2009; 37(4):324-329.
13. Walsh RA, Tzelepis F, Stojanovski E. Australian superannuation funds and tobacco investments: issues for DAR readers. *Drug and Alcohol Review* 2009; 28: 445-446.
14. Paul CL, Walsh RA, Stacey F, Tzelepis F, Oakes W, Tang A. Smoking in movies in Australia: who feels over-exposed and what level of regulation will the community accept? *Health Promotion Journal of Australia* 2008; 19(3): 229-231.
15. Walsh RA, Paul CL, Tzelepis F, Stojanovski E, Tang A. Is government action out-of-step with public opinion on tobacco control? Results of a New South Wales population survey. *Australian and New Zealand Journal of Public Health* 2008; 32(5):482-488.
16. Paul CL, Tzelepis F, Walsh RA, Bonevski B. Is Australia headed for an epidemic of nicotine replacement therapy addicts? *Medical Journal of Australia* 2008; 189(6): 346.
17. Paul CL, Tzelepis F, Parfitt N, Girgis A. How to improve adolescents' sun protection behavior: age and gender issues. *American Journal of Health Behavior* 2008; 32(4):387-398.
18. Walsh RA, Tzelepis F, Stojanovski E. Australian pension funds and tobacco investments: promoting ill health and out-of-step with their members. *Health Promotion International* 2008;23:35-41.
19. Walsh RA & Tzelepis F. Adolescents and tobacco use: systematic review of qualitative research methodologies and partial synthesis of findings. *Substance Use & Misuse* 2007;42:1269-1321.
20. Paul CL, Tzelepis F, Walsh RA, Turner R. Pharmacists on the front line in providing support for nicotine replacement therapy and bupropion purchasers. *Drug and Alcohol Review* 2007;26:429-433.
21. Walsh RA, Paul CL, Tzelepis F, Stojanovski E. Quit smoking behaviours and intentions and hard-core smoking in New South Wales. *Health Promotion Journal of Australia* 2006; 17:54-60.
22. Walsh RA, Cholowski K, Tzelepis F. Surveying university students: variability in ethics committee requirements. *Australian and New Zealand Journal of Public Health* 2006;30:84-5.
23. Paul CL, Walsh RA, Tzelepis F. A monetary incentive increases postal survey response rates for pharmacists. *Journal of Epidemiology and Community Health* 2005;59:1099-1101.
24. Walsh RA, Bowman JA, Tzelepis F, Lecathelinais C. Smoking cessation interventions in Australian drug treatment agencies: a national survey of attitudes and practices. *Drug and Alcohol Review* 2005;24:235-244.
25. Walsh RA, Bowman JA, Tzelepis F, Lecathelinais C. Regulation of environmental tobacco smoke by Australian drug treatment agencies. *Australian and New Zealand Journal of Public Health* 2005;29: 276-8.
26. Paul CL, Girgis A, Tzelepis F, Walsh RA. Solaria use by minors in Australia: Is there a cause for concern? *Australian and New Zealand Journal of Public Health*, 2004; 28: 90.

27. Paul C, Tzelepis F, Girgis A, Parfitt N. The Slip Slop Slap years: Have they had a lasting impact on today's adolescents? *Health Promotion Journal of Australia*, 2003; 14:219-221.
28. Tzelepis F, Walsh RA, Paul CL. Community attitudes towards environmental tobacco smoke in licensed premises: follow-up study after the Sharp case. *Australian and New Zealand Journal of Public Health*, 2003; 27: 539-542.
29. Girgis A, Tzelepis F, Paul CL, Walsh RA, McElduff P, McKenzie J. Australians' use of fake tanning lotions: another piece of the puzzle. *Australian and New Zealand Journal of Public Health*, 2003; 27: 529-532.
30. Cockburn J, Paul C, Tzelepis F, McElduff P, Byles J. Delay in seeking advice for symptoms that potentially indicate bowel cancer. *American Journal of Health Behavior*, 2003; 27:401-407.
31. Walsh RA & Tzelepis F. Support for smoking restrictions in bars and gaming areas: review of Australian studies. *Australian and New Zealand Journal of Public Health*, 2003;27:310-22.
32. Paul CL, Tzelepis F, Walsh RA, Girgis A, McKenzie J, King L. Has our investment in public cancer education delivered observable changes in knowledge over the past 10 years? *Cancer* 2003;97:2931-9.
33. Walsh RA, Tzelepis F, Paul CL, McKenzie J. Environmental tobacco smoke in homes, motor vehicles and licensed premises: community attitudes and practices. *Australian and New Zealand Journal of Public Health*, 2002; 26: 536-542.
34. Cockburn J, Paul C, Tzelepis F, McElduff P, Byles J. Screening for bowel cancer amongst NSW adults with varying levels of risk: a community survey. *Australian and New Zealand Journal of Public Health*, 2002; 26: 236-241.
35. Walsh RA, Paul CL, Tzelepis F. Overwhelming support for smoking bans. *Australian and New Zealand Journal of Public Health* 2000; 24: 640-641.

Research funding – Competitive Grants

| Title | Investigators | Funding source | Year Funded | Funds Awarded |
|---|---|--|-------------|---------------|
| The Quit Stair: A randomised controlled trial of a proactive stepped approach for maximising uptake of evidence-based smoking cessation support | Paul C Tzelepis F Wiggers J McElduff P Knight J | Hunter Medical Research Institute | 2013 | \$50,000 |
| HMRI Leukaemia Travel Award | Tzelepis F | Hunter Medical Research Institute | 2013 | \$6,000 |
| Cost-effectiveness of a systems change intervention for smoking cessation in drug and alcohol treatment centres | Bonevski B Shakeshaft A Farrell M Tzelepis F Salmon A Strang J | National Health and Medical Research Council | 2013 - 2016 | \$1,060,522 |

| Title | Investigators | Funding source | Year Funded | Funds Awarded |
|---|--|--|--------------------------------------|--|
| Improving cancer care for lymphoma: patients' perceptions of optimal care | Tzelepis F Carey M Paul CL Clinton-McHarg T Zucca A | Hunter Medical Research Institute | 2012 | \$14,207 |
| Improving cancer treatment systems: a randomised controlled trial of a consumer action model for cancer patients receiving chemotherapy | Sanson-Fisher RW Tang A Carey M Bryant J Tzelepis F Chapman K Vallentine P Doran CM McElduff P | Australian Research Council | 2012 2013 2014 Total | \$83,136 \$83,136 \$83,136 \$249,408 |
| Increasing rates of organ donor registration: a randomised controlled trial to determine the differential effectiveness of electronic and interpersonal information interventions | Sanson-Fisher R Gilligan C Turon H Clinton-McHarg T Tzelepis F | National Health and Medical Research Council | 2012 | \$233,710 |
| Quality of care in blood cancer: patients' perceptions – Postdoctoral Fellowship | Tzelepis F Sanson-Fisher R (supervisor) | Leukaemia Foundation of Australia/Cure Cancer Australia Foundation | 2011 2012 2013 Total | \$85,333 \$98,843 \$99,993 \$284,169 |

Conference presentations

Tzelepis F, Sanson-Fisher R, Carey M, Clinton-McHarg T, Paul C. Quality of care in blood cancer: patients' perceptions. Priority Research Centre for Health Behaviour Expo, Newcastle, Australia, 28 November 2011.

Tzelepis F, Sanson-Fisher R, Carey M, Clinton-McHarg T, Paul C. Quality of care in blood cancer: patients' perceptions. Current & Proposed Research Seminar, Newcastle, Australia, 24 November 2011.

Tzelepis F, Paul CL, Wiggers J, Walsh RA, Knight J, Duncan SL, Girgis A, Daly J. Cold calling smokers for proactive telephone counselling: what are their long-term cessation rates? 12th Annual Meeting of the SRNT Europe: Translating Science to Policy, Bath, United Kingdom, 6-9 September 2010.

Tzelepis F, Paul CL, Walsh RA, Wiggers J, Knight J, Duncan S, Daly J, Girgis A. Cold calling smokers for proactive telephone counselling: what are their long-term cessation rates? 10th Biennial Behavioural Research in Cancer Control Conference, Fremantle, Australia, 14-16 April 2010.

Tzelepis F, Paul CL, Walsh RA, Wiggers J, Knight J, Daly J, Girgis A. Recruiting non-volunteer smokers to proactive telephone counselling: what are their long-term cessation rates? Oceania Tobacco Control 09: Reducing inequality through tobacco control, Darwin, Australia, 7-9 October 2009 (poster).

Tzelepis F, Paul CL, Walsh RA, Wiggers J, Knight J, Daly J, Girgis A. Recruiting non-volunteer smokers to proactive telephone counselling: what are their long-term cessation rates? 10 of the Best Research Showcase, Faculty of Health, University of Newcastle. Newcastle, 26 September 2008.

Tzelepis F, Paul CL, Walsh RA, Wiggers J, Knight J, Daly J, Neil A, Girgis A. The effectiveness of proactive telephone counselling for smoking cessation among smokers recruited via telemarketing. 9th Biennial Behavioural Research in Cancer Control Conference. Melbourne, Vic, 9-11 April 2008.

Tzelepis F, Paul CL, Walsh RA, Wiggers J, Knight J, Daly J, Neil A, Girgis A. Telemarketing smoking cessation: a proactive approach to non-volunteer smokers. Oceania Tobacco Control Conference: From Vision to Reality, Auckland, New Zealand, 4-7 September 2007.

Tzelepis F, Paul CL, Walsh RA, Wiggers J, Hansen V, Daly J, Neil A, Girgis A. Telemarketing smoking cessation: a proactive approach to non-volunteer smokers. Ninth International Congress of Behavioral Medicine, Bangkok, Thailand, 29 November-2 December, 2006.

Tzelepis F, Paul C, Walsh R, Stacey F, Girgis A. When willpower is not enough: quit smoking behaviours and use of quitting assistance in New South Wales. Ninth International Congress of Behavioral Medicine, Bangkok, Thailand, 29 November-2 December, 2006.

Tzelepis F, Paul CL, Walsh RA, Wiggers J, Hansen V, Daly J, Neil A, Girgis A. Telemarketing smoking cessation: a proactive approach to non-volunteer smokers. 8th Biennial Behavioural Research in Cancer Control Conference. Fortitude Valley, Qld, 27-29 September 2006.

Tzelepis F, Paul C, Walsh RA, Wiggers J, Neil A, Girgis A. Telemarketing smoking cessation: a proactive approach to non-volunteer smokers. 13th World Conference on Tobacco or Health. Washington DC, USA, 12-15 July, 2006.

Tzelepis F, Paul C, Walsh R, Stacey F, Girgis A. When willpower is not enough: quit smoking behaviours and use of quitting assistance in New South Wales. 3rd Australian Tobacco Control Conference. Sydney NSW, November 2005.

Tzelepis F, Paul CL, Parfitt N, Girgis A. Adolescents' views on suntans and other methods of tanning. 7th Behavioural Research in Cancer Control Conference. Newcastle NSW, June 2004.

Walsh RA, Bowman JA, Tzelepis F. Smoking cessation services of Australian drug and alcohol agencies. 34th Public Health Association of Australia Annual Conference: Mobilising Public Health. Adelaide, September-October 2002.

Paul C, Tzelepis F, Novena Marketing. "It's the sunscreen police": exploring adolescents' views regarding use of sun protection. 34th Public Health Association of Australia Annual Conference: Mobilising Public Health. Adelaide, September-October 2002.

Paul C, Tzelepis F, Novena Marketing. "It's the sunscreen police": exploring adolescents' views regarding the use of sun protection. Behavioural Research In Cancer Control: Towards the Future Conference. Newcastle NSW, April 2002.

Committees

2011 Priority Research Centre for Health Behaviour Executive

2010 Priority Research Centre for Health Behaviour Papers Working Group – Chair since September 2011

Teaching

HPR06900 Health Program Evaluation – Postgraduate Course

Facilitated Module 4: Evaluation Designs I and II

Module 5: Measurement and Analysis

MEDI4012 Bachelor of Medicine

Facilitated Consultation Skills – Surgery: Preparing patients for potentially threatening clinical procedures and informed consent