

Heli Tähepõld

Heli Tähepõld is a researcher at the University of Tartu in the Department of Polyclinic and Family Medicine and she is working as a family doctor at the Tartu University Centre.

She is a member of the Estonian Society of Family doctors and a member of the European Academy of Teachers in General Practice and Family Medicine (EURACT).

She has attended research program „Eurocommunication-II“: a comparative study between countries in central Europe and western Europe on doctor-patient communication.

She is interested in family doctors' consultation: structure and targets and doctor-patient communication.

She has Doctor's Degree (2006) "Patient Consultation in Family Medicine". She has been involved in education of students and primary care clinicians on STLI prevention themes at Tartu University and she is a lecturer at the National Institute for Health Development, where she gives training courses on the behaviour change counselling.

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